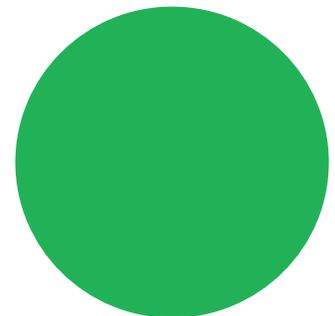




**Bowen Training Australia**  
RTO#41134

# Certificate IV in Bowen Therapy

## 10846NAT



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Bowen Training Australia offers a unique opportunity to learn 'Bowtech™ The Original Bowen Technique' and join an international network of Bowenwork™ practitioners which is influencing healthcare in nearly every country worldwide.

**[bowentraining.com.au](http://bowentraining.com.au)**

# What is Bowen Therapy?

Bowen therapy is a gentle, non-invasive, soft-tissue remedial therapy, based on the work of the late Thomas Ambrose Bowen (1916 -1982).

## Flexible Study Options

Distance learning, plus face-to-face modules

## Course Duration

Part-time over a minimum of 12 months and a maximum of 18 months

## Course Start Dates

Courses run continuously in many locations around Australia throughout the year

Visit [www.bowentraining.com.au](http://www.bowentraining.com.au) to find a course near you.

## Course Entry Requirements

Applicants must be aged 18 years or over

No prior bodywork experience required

## Course Requirements

Internet access is required to download distance units

Access to an electronic device with the Microsoft Suite - Word (2013 or later), Powerpoint and Excel

## Payment Options

Pay As You Go, only paying for what you enrol into

## No upfront costs

Centrelink funding available to those who are eligible see page (3)

## A Bowen Therapist's methodology

Using minimal touch, a practitioner makes gentle, precise, Bowen moves over tendons, muscles, and nerve bundles. These Bowen moves help to bring the body into balance, thereby promoting healing and wellbeing.

Bowen therapy is appropriate for people of all ages, in all degrees of health.

## Why study Bowtech Bowen with Bowen Training Australia?

Having been the industry standard for Bowen therapy since it was first taught in December 1986, courses have been continually upgraded and evolved to meet the high quality standards of education in Australia, whilst maintaining the integrity of the original Bowtech technique.

Completion of the only nationally recognised Bowen course offered in Australia\*, enables you to practice as a Bowen therapist in Australia.

## We Offer

- Small classes to support your learning
- Hands-on tuition for all body work units
- Distance learning for assessments

## Testimonial

“A life changing moment set me on my path to learn Bowen back in 1998. Bowen treats the whole body on so many levels with amazing results. After some time away, I resumed study in 2012 to find that BTA had not only preserved the integrity of this wonderful modality, they enhanced the learning, allowing students to form a solid foundation as a Bowen professional. I cannot wait to see where my journey goes and cannot thank the instructors, BTA and Bowen practitioners enough for their support in keeping the journey exhilarating. I look forward to a lifetime of learning in Bowen Therapy. Everybody is better with Bowen!”



## Cher Capra

Certificate IV in Bowen Therapy Graduate

\*As of 1 January, 2020 Bowen Training Australia offers the only nationally recognised Bowen therapy training in Australia.



## HOW TO APPLY?

Visit [www.bowentraining.com.au](http://www.bowentraining.com.au) to find a Module 1 class near you  
Click “Register Now” to register directly with your instructor

1300 833 252

[info@bowentraining.com.au](mailto:info@bowentraining.com.au)

# Course Information

## Certificate IV in Bowen Therapy 10846NAT

### Course Recognition



Australian  
Qualifications  
Framework



The Certificate IV in Bowen Therapy is nationally recognised with the Australian Skills Quality Authority (ASQA). The Australian Skills Quality Authority (ASQA) is the national regulator for Australia's vocational education and training sector.

Once you have graduated and received your qualification, you are eligible to join the Bowen Association of Australia, the practitioner association providing professional guidelines, recognition and support for Bowen therapists in Australia.

### Recognition of Prior Learning (RPL)

A student may be eligible to gain recognition for previous learning or skills development gained through work and life experiences.

### Credit Transfer (CT)

A student may obtain recognition by BTA for the 'formal' study they have previously completed that is relevant to the Certificate IV in Bowen Therapy.

For further information on CT or RPL please refer to this link on the website: <http://bowentraining.com.au/bowen-therapy-courses/bowen-therapy-recognition-prior-learning>

### Assessments

You will be assessed on an ongoing basis throughout your training via practical and written in-class assessments, including Logbook and Case Studies. There are 12 assessments to be completed via distance learning.

### Study time

We recommend allowing 10 hours study per week for at home learning tasks, including assessments, reading, and homework tasks.

### Funding for Student Fees

Students considering income support such as Youth allowance or Austudy for Certificate IV in Bowen Therapy 10846NAT should contact Centrelink to discuss eligibility.

Please inform your instructor at Module 1 if you would like to explore the option for Centrelink assistance.

Your instructor will inform BTA and a standard letter from the College will be emailed to you to take to Centrelink to confirm your enrolment with the college.

### Career Opportunities

- Working in your own private practice
- Joining an established natural therapies or allied health clinic
- Using Bowen therapy as an adjunct modality in an existing health practice. Many of our Bowen therapists also work as physiotherapists, occupational therapists, massage/bodywork practitioners, yoga instructors, sports therapists, personal trainers, nurses or midwives, naturopaths, and complementary medicine practitioners.
- Specialist areas of interest include: chronic conditions, working with the elderly, babies and children, pre and post-natal care, sports and personal training, stress management, trauma, body-mind aspects, rehabilitation and more.



### HOW TO APPLY?

Visit [www.bowentraining.com.au](http://www.bowentraining.com.au) to find a Module 1 class near you  
Click "Register Now" to register directly with your instructor

1300 833 252

[info@bowentraining.com.au](mailto:info@bowentraining.com.au)

# Course Information

## Certificate IV in Bowen Therapy 10846NAT

### Continuing Education

On successful completion of the Certificate IV in Bowen Therapy 10846NAT you are eligible to commence the Diploma of Specialised Bowen Therapy 10847NAT, to further develop your skills and knowledge at a more advanced level. The Diploma is designed to enhance your practice and understanding of Bowenwork, through additional procedures, assessment skills, specialised tests, rehabilitation and common pathologies.

Additionally, Bowen Training Australia offers a wide range of continuing education workshops. While these workshops are not part of the nationally recognised training, they are Bowtech-accredited and eligible for Continuing Education points with Bowen Association Australia.

Each Module is delivered over 2 days, with each training day considered to be 8 hours.

### Distance learning

Also referred to as “training package units” in our course competencies, there are 8 units to be completed through 12 distance learning assessments.

### You Will Need

Internet access is required to download distance units.

Access to an electronic device with the Microsoft suite - Word (2013 or later), Powerpoint and Excel.

To assist your learning journey, support is available from your Instructor and BTA assessors.

### Testimonial

“Studying Bowen has enabled me to leave what has been my career for the last 25 years and start a new path that mirrors how I feel about life, health and healing.

I look forward to developing further in this amazing modality, meeting other practitioners and continuing to be inspired by how Bowen has changed people’s quality of life.”



### Brent Manuel

Certificate IV in Bowen Therapy Graduate

### Study Breakdown

#### Practical In-Class Modules

This comprises 7, 2-day, Instructor-led classroom modules that need to be completed in sequence.

Module 1 introduces you to the Bowen moves, relaxation procedures and the power of Bowen as a healing modality.

Modules 2 to 7 take you step by step through the Bowen training, introducing new procedures to address a wide range of problems that clients may present with.



### HOW TO APPLY?

Visit [www.bowentraining.com.au](http://www.bowentraining.com.au) to find a Module 1 class near you  
Click “Register Now” to register directly with your instructor

1300 833 252

[info@bowentraining.com.au](mailto:info@bowentraining.com.au)

# Mode of Delivery

## 1. Distance learning

The BTA Distance learning aligns to the Nationally Recognised Units of Competency as per below table:

Nationally Recognised Units of Competency		BTA Distance Online learning
HLTAAP002	Confirm physical health status	Anatomy and Physiology 1-3 Anatomy and Physiology 4-6
BSBMED301	Interpret and apply medical terminology appropriately	
CHCCOM006	Establish and manage client relationships	Communication and Referrals 1-2
CHCPRP005	Engage with health professionals and the health system	
BSBSMB404	Undertake Small Business Planning	Undertake Small Business Planning
HLTWHS001	Participate in workplace health and safety	Workplace Health & Safety
HLTINF001	Comply with infection prevention and control policies and procedures	Infection Control
NAT10846001	Work within a Bowen Therapy framework	Work within a Bowen Therapy framework
HLTAID003 <b>PLEASE NOTE</b>	Apply first aid This must be completed through an External Provider. This is not provided by BTA.	

## 2. Practical learning

The Nationally Recognised Units of Competency apply to all of the BTA Practical In-Class learning as per below table:

Nationally Recognised Units of Competency		BTA Practical Learning
NAT10846002	Perform Bowen Therapy assessment	Practical Module 1 Practical Module 2
NAT10846003	Perform Bowen Therapy treatments	Practical Module 3 Practical Module 4 Practical Module 5 Practical Module 6 Practical Module 7
BSBWOR203	Work effectively with others	<b>Case studies (10)</b> – A record of progress over 3 consecutive treatments <b>Logbook</b> – A record of Practical experience of 100 hours of treatments completed outside of class.



### HOW TO APPLY?

Visit [www.bowentraining.com.au](http://www.bowentraining.com.au) to find a Module 1 class near you  
Click "Register Now" to register directly with your instructor

**1300 833 252**

**[info@bowentraining.com.au](mailto:info@bowentraining.com.au)**



Bowen Training Australia is the only Bowen training organisation in Australia that grants you Nationally Recognised qualifications, allowing you to practice as a qualified Bowen Therapist.

National Accreditation is granted for both the Certificate IV in Bowen Therapy 10846NAT and Diploma of Specialised Bowen Therapy 10847NAT.

## CERTIFICATE IV OVERVIEW

The specialised Bowen training for Certificate IV in Bowen Therapy is taught by qualified Instructors based around Australia. Please visit <http://www.bowentraining.com.au> to locate a course and instructor near you.

### COURSE STRUCTURE & TUITION FEES:

We have flexible ways to study and pay as you go options available. Please read on for more information.

Enrolment Phase (10 'Packs')	Tuition Fees	Enrolment Unit Inclusions Theory Units must be completed within 4 months of Unit commencement date	Unit Fee	Example Timetable
Preparation Theory	\$210	Workplace Health and Safety Infection Control	\$105 \$105	Jan-20
Module 1 Pack	\$550	Practical Bowen Therapy - Module 1 (Practical Insurance) Practical Text Book	\$470 \$10 \$70	Feb-20
Module 2 Pack	\$645	Practical Bowen Therapy - Module 2 (Practical Insurance) Anatomy and Physiology 1	\$470 \$10 \$165	Apr-20
Module 3 Pack	\$645	Practical Bowen Therapy - Module 3 (Practical Insurance) Anatomy and Physiology 2	\$470 \$10 \$165	Jul-20
Module 4 Pack	\$605	Practical Bowen Therapy - Module 4 (Practical Insurance) Work Within a Bowen Therapy Framework	\$470 \$10 \$125	Sep-20
Module 5 Pack	\$645	Practical Bowen Therapy - Module 5 (Practical Insurance) Anatomy and Physiology 3	\$470 \$10 \$165	Nov-20
Module 6 Pack	\$645	Practical Bowen Therapy - Module 6 (Practical Insurance) Anatomy and Physiology 4	\$470 \$10 \$165	Jan-21
Module 7 Pack	\$645	Practical Bowen Therapy - Module 7 (Practical Insurance) Anatomy and Physiology 5	\$470 \$10 \$165	Feb-21
Advanced Theory	\$560	Communication and Referrals Anatomy and Physiology 6	\$395 \$165	Apr-21
Business Theory	\$295	Undertake Small Business Planning	\$295	Jun-21
<b>Total</b>	\$5445			



### ENTRY REQUIREMENTS

- Applicants must be aged 18 years or over and have access and the ability to use suitable technology to complete the assessments for this qualification.

## CERTIFICATE IV IN BOWEN THERAPY IS DIVIDED INTO TWO MODES OF LEARNING: PRACTICAL LEARNING & DISTANCE LEARNING

### PRACTICAL MODULES

- Comprised of **seven**, two-day, instructor-led classroom modules that are completed sequentially.
- Modules 1 to 7 take the student step by step through the Bowen training, introducing new procedures to address a wide range of problems that clients may present with.
- Each Module is delivered over **two days**, with each training day considered to be **8 hours**.
- 100 Logbook hours** to be completed outside of class – students are required to **locate** a minimum of 10 people to work on for the 100 Logbook hours.
- The people treated as part of the Logbook hours must not be used for the 10 Case Studies.

The Nationally Recognised Units of Competency apply to **all** of the BTA Practical In-Class learning as per below table:

BTA PRACTICAL LEARNING	NATIONALLY RECOGNISED UNITS OF COMPETENCY	PRACTICAL ASSESSMENT REQUIREMENTS
Practical Module 1 Practical Module 2 Practical Module 3 Practical Module 4 Practical Module 5 Practical Module 6 Practical Module 7	NAT10846002 Perform Bowen Therapy assessment  NAT10846003 Perform Bowen Therapy treatments  BSBWOR203 Work effectively with others	Module 7 Case studies (10) – A record of progress over 3 consecutive treatments Logbook – A record of practical experience of 100 hours of treatments completed outside of class.

### DISTANCE EDUCATION UNITS

There are a number of theory units to be completed via distance learning. The BTA Distance learning aligns to the Nationally Recognised Units of Competency as per below table:

SUBJECTS		ASSESSMENTS
Anatomy & Physiology 1- 6	HLTAAP002 Confirm physical health status BSBMED301 Interpret and apply medical terminology appropriately	6 Assessments
Work within a Bowen Therapy Framework	NAT10846001 Work within a Bowen Therapy framework.	1 Assessment
Infection Control	HLTINF001 Comply with infection prevention and control policies and procedures	1 Assessment
Workplace Health & Safety	HLTWHS001 Participate in workplace health and safety	1 Assessment
Undertake Small Business Planning	BSBSMB404 Undertake small business planning	1 Assessment
Communications & Referrals	CHCCOM006 Establish and manage client relationships CHCPRP005 Engage with health professionals and the health system	2 Assessments
First Aid	HLTAID003 Apply first aid NOTE: This must be completed through an External Provider. This is not provided by BTA	



## YOU WILL NEED:

- Internet access is required to download the distance learning
- Access to a computer with the Microsoft Suite (minimum 2013) – Word, PowerPoint and Excel

## REQUIRED TEXTBOOKS TO COMPLETE YOUR STUDIES:

- 'Essentials of Human Anatomy & Physiology.' Author: Elaine N. Marieb, 12th Edition
- 'Anatomy & Physiology Colouring Workbook: A Complete Study Guide.' Author: Elaine N. Marieb, 12th Edition
  - <https://www.bookdepository.com/> or <http://www.booktopia.com.au>
- 'The Muscular System Manual: The Skeletal Muscles of the Human Body 4th Edition.'
  - <https://www.elsevierhealth.com.au/search/?q=the+Muscular+System>

## 10846NAT CERTIFICATE IV IN BOWEN THERAPY – 2020 FEE STRUCTURE

Bowen Training Australia provides flexible payment and course completion options for students:

### Pay As You Go:

Students enroll and pay for Module Packs as they progress. Packs must be purchased in full and theory and practical work should be completed together to ensure course completion. Students pay the Instructor for the Practical classes and purchase the Theory units via the online link provided to them.

Some straightforward conditions apply to these arrangements which will be outlined in your enrolment forms and are included in your Student Handbook. Course costs are current at time of distribution for the study period of 2020 onwards. Bowen Training Australia reserves the right to alter course costs at any time.

### Practical Module Fee: Practical classroom delivery

Module fee to be paid to instructor when booking each module

<b>Total Cost for Practical Components</b>	<b>\$3,430</b>
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### Distance Learning Fee: available online <https://bowentraining.com.au/our-shop/>

Payment is made when purchasing a subject from the online store

<b>Total for Training Package Theory Components</b>	<b>\$2,015</b>
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<b>Total Fee to Student for Certificate IV in Bowen Therapy</b>	<b>\$5,445</b>
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## RECOGNITION OF LEARNING

### Recognition of Prior Learning (RPL)

A student may be eligible to gain recognition for previous learning or skills development gained through work and life experiences. The student must contact the BTA office to begin this process.

### Credit Transfer (CT)

A student may obtain recognition by BTA for the 'formal' study they have previously completed that is relevant to the Certificate IV Bowen Therapy. The student must contact the BTA office to begin this process.

For further information on CT or RPL please refer to this link on the website:

<https://bowentraining.com.au/course/recognition-of-prior-learning/>



## TRAINING SCHEDULE OPTIONS

### Required Completion Timeframe & Study Commitment

Practical Modules and Distance learning units will be completed concurrently and according to the Training Plan issued at enrolment. Some Distance learning can be taken to suit your own timetable if you would like to fast track, however the Certificate IV in Bowen Therapy **must** be completed within **18 months**. This timeframe allows plenty of time to revise and consolidate techniques between modules.

The minimum time for completion of the 7 practical modules is the equivalent of **one Module Pack per 8 weeks**. We recommend each student should complete their practical modules within 12 months as per the Training Plan. The completion of the logbook hours and case studies may take longer. The maximum timeframe for completion of individual Distance units is 4 months from the unit commencement. Students may be required to enrol and pay for and complete the Distance unit again if assessments have not been successfully completed within this timeframe.

**Please Note:** Minimum class numbers are required for the classes to go ahead.

### WHAT'S NEXT?

If you choose to commence studies:

#### Step 1

Visit <http://bowentraining.com.au> to search for a Module 1 or Module 1 and 2 combined course near you. Click the Register Now link to register into Module 1 or Module 1 and 2 or contact the Instructor for more information.

Email [studentservices@bowentraining.com.au](mailto:studentservices@bowentraining.com.au) for more information regarding payment methods and study plans.

#### Step 2

Complete the short pre-enrolment information: Pre-Enrolment questionnaire provided to you in your Enrolment Kit via email. Contact your instructor at <https://bowentraining.com.au/about/bta-instructors/> if you didn't receive it.

#### Step 3

Class numbers are kept small to optimise your learning. We recommend confirming your attendance and forwarding your completed enrolment forms and payment as soon as possible. Further details of the venue and recommendations for preparation study will be sent with a receipt for your deposit.

## FUNDING FOR STUDENT FEES

Students considering income support such as Youth allowance or Austudy for Certificate IV in Bowen Therapy 10846NAT should contact Centrelink to discuss eligibility.

- Please inform your instructor at the point of enrolment if you would like to explore the option for Centrelink assistance.
- Your instructor will inform BTA and a standard letter from the College will be emailed to you to take to Centrelink to confirm your enrolment with the college.

Bowen Training Australia wishes you all the success on your Bowen journey.

**“Every body is better with Bowen”**



**CERTIFICATE IV IN BOWEN THERAPY 10846NAT**

**EXPRESSION OF INTEREST**

Please complete this form and return via email to confirm your interest in proceeding with study:

<b>Name</b>	
<b>Phone</b>	
<b>Email</b>	

<b>I would like to become a student with Bowen Training Australia</b>	
<b>Chosen Date:</b>	
<b>Chosen Location:</b>	
<b>Qualification:</b>	
<b>Payment Option:</b>	Pay as I go
<b>Study Plan</b>	Part Time (18 months) / Fast Track (12-15 months)
<b>Note:</b> Access to distance learning will be made available immediately to commence your studies. Your <b>Welcome letter</b> will include access details for our online store. Please ensure you read this carefully as it contains important information to complete your studies.	

<b>How did you hear about this course?</b> <i>(tick below)</i>			
<input type="checkbox"/>	Website	<input type="checkbox"/>	Newspaper
<input type="checkbox"/>	Social Media	<input type="checkbox"/>	Workplace
<input type="checkbox"/>	Friend/Family	<input type="checkbox"/>	Expo
<input type="checkbox"/>	Natural Therapies Page	<input type="checkbox"/>	Other:

<b>Do you have any prior knowledge of Bowen therapy?</b> <i>(tick below)</i>			
<input type="checkbox"/>	Yes	<input type="checkbox"/>	No